

Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:50:21 PM by Kathleen McCullough

Menu Cycle: March 2 to 6, 2020 Middle School
 Week: 1
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: 6-8
 Site Group: Middle School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[600.00 - 700.00]	690.35(M)	
Total Fat (g)		16.78(M)	21.88
Sat Fat (g)(1)	< 10.00 % of Calories	6.20(M)	8.09
Trans Fat (g)(2)		0.29(M)	
Chol (mg)		52.27(M)	
Sodium Target 1 (mg) (13)	< 1,360.00	931.12(M)	
Sodium Target 2 (mg) (13)	< 1,035.00	931.12(M)	
Carb (g)		94.93(M)	55.00
Total Fiber (g)		17.51(M)	
Sugars (g)		24.22(M)	14.04
Added Sugars (g)		0.00(M)	
Protein (g)		36.66(M)	21.24
Iron (mg)		7.89(M)	
Calcium (mg)		686.09(M)	
VitA (IU)		51,422.61(M)	
VitC (mg)		86.97(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		61.54(M)	
Mois (g)		610.24(M)	
Ash (g)		4.10(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 2.500	[2.500 - 3.000]	
Veg	>= 3.750	[4.250 - 9.500]	
Veg-DG	>= 0.500	3.250	
Veg-RO	>= 0.750	2.250	
Veg-BP	>= 0.500	1.000	
Veg-S	>= 0.500	1.750	
Veg-O	>= 0.500	3.500	
Grains	[8.000 - 10.000]	[9.000 - 12.250](a)	
Non-WGR		0.000	
WGR	>= 50.000 % of	43.250	100.00
Meat/MA	[9.000 - 10.000]	10.000	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	1.000	33.33
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:51:03 PM by Kathleen McCullough

Menu Cycle: Middle School March 9 to 13,2020
 Week: 1
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: 6-8
 Site Group: Middle School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[600.00 - 700.00]	651.41(M)	
Total Fat (g)		22.37(M)	30.91
Sat Fat (g)(1)	< 10.00 % of Calories	7.21(M)	9.96
Trans Fat (g)(2)		0.04(M)	
Chol (mg)		48.25(M)	
Sodium Target 1 (mg) (13)	< 1,360.00	1,045.63(M)	
Sodium Target 2 (mg) (13)	< 1,035.00	1,045.63(M)	
Carb (g)		81.96(M)	50.33
Total Fiber (g)		9.04(M)	
Sugars (g)		19.74(M)	12.12
Added Sugars (g)		0.00(M)	
Protein (g)		29.77(M)	18.28
Iron (mg)		4.01(M)	
Calcium (mg)		564.03(M)	
VitA (IU)		7,447.29(M)	
VitC (mg)		43.46(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		3.02(M)	
Mois (g)		67.28(M)	
Ash (g)		0.65(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 2.500	[2.500 - 3.000]	
Veg	>= 3.750	[4.750 - 9.750]	
Veg-DG	>= 0.500	6.000	
Veg-RO	>= 0.750	1.375	
Veg-BP	>= 0.500	1.000	
Veg-S	>= 0.500	1.000	
Veg-O	>= 0.500	2.000	
Grains	[8.000 - 10.000]	[8.250 - 14.250](a)	
Non-WGR		0.000	
WGR	>= 50.000 % of	41.250	100.00
Meat/MA	[9.000 - 10.000]	[10.000 - 10.750](a)	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	1.000	33.33
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:51:03 PM by Kathleen McCullough

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Middle School March 9, 2020 - Day: 1	100																		
Category: Entrees; May Choose: 1																			
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	25	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	(M)	18.00	1.80	350.00	400.00	0.00	(M)	(M)	(M)
UD Buffalo Chicken Cheese steak - LR100281 (1 sandwich)	25	223.21	6.07	2.28	0.00	22.69	974.86	28.03	3.92	2.76(M)	(M)	14.40	1.82	164.75	294.97	0.49	(M)	(M)	0.00(M)
UD CHEESEBURGER - LR100127 (1 ea.)	45	331.56	15.28	7.01	0.01	45.48	695.14	27.62	3.67	3.87	(M)	19.48	2.94	134.24	108.69	0.00	(M)	(M)	0.00(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	5	705.66	11.92	2.29	0.00	18.33	630.10	105.61	33.68	0.92	(M)	43.76	12.78	896.88	46481.79	278.34	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
Cheese Fries - LR100390 (4 1/2 oz.)	80	240.44	9.97	1.87	0.00	4.57	677.23	35.83	3.35	0.00	(M)	2.82	0.60	47.78	0.00(M)	6.03(M)	(M)	(M)	10.06(M)
Green Beans - LR100036 (1/2 c.)	20	0.79	0.01	0.00	0.00	0.00	0.25	0.18	0.08	(M)	(M)	0.04	0.03	1.38	15.67	0.12	(M)	(M)	(M)
Category: Fruits; May Choose: 1																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	90	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Middle School March 10, 2020 - Day: 2	100																		
Category: Entrees; May Choose: 1																			
HOT AND SPICY CHICKEN PATTY SANDWICH - LR100220 (1 ea.)	50	420.00	17.50	3.50	0.00	25.00	720.00	44.00	6.00	4.00	(M)	21.00	4.14	100.00	100.00	0.00	(M)	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:51:03 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
Nacho Pizza - LR100402 (1/8 pizza)	20	507.78	27.25	13.82	0.09	78.66	748.85	36.73	4.10	6.36(M)	(M)	28.18	3.43	521.51	764.50	0.17	0.00(M)	13.29 (M)	9.37(M)
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	10	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	(M)	18.00	1.80	350.00	400.00	0.00	(M)	(M)	(M)
UD CHEESEBURGER - LR100127 (1 ea.)	15	331.56	15.28	7.01	0.01	45.48	695.14	27.62	3.67	3.87	(M)	19.48	2.94	134.24	108.69	0.00	(M)	(M)	0.00(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	5	705.66	11.92	2.29	0.00	18.33	630.10	105.61	33.68	0.92	(M)	43.76	12.78	896.88	46481.79	278.34	(M)	(M)	(M)
Category: Grains; May Choose: 2																			
Goldfish Crackers, Cheddar Colors, Campbells 04788 0.75 oz bag - SR109572 (1 Bag)	15	100.00	3.50	0.50	0.00	0.00	170.00	14.00	1.00	0.00	(M)	2.00	0.72	(M)	200.00	(M)	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
black beans - LR100354 (1 c.)	40	93.58	0.67	0.14	0.00	0.78	72.38	16.12	5.63	(M)	(M)	5.77	1.56	73.31	3.91	0.78	(M)	(M)	55.08
Category: Fruits; May Choose: 1																			
Sorbet, 100% Frozen Juice, Cherry/Blue Raspberry Swirl, 4.4 fl. oz., Luigi's, 48446, F - SR108054 (1 serv.)	95	70.00	0.00	0.00	0.00	0.00	5.00	18.00	3.00	15.00	(M)	0.00	0.36	80.00	500.00	60.00	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Middle School March 11, 2020 - Day: 3																			
Category: Entrees; May Choose: 1																			
Chicken Caesar Wrap, MMA, WG, Veg-DG - SR108405 (1 wrap)	10	432.27	21.04	7.08	0.00(M)	48.89	1471.24	35.12	6.26	4.24(M)	(M)	23.28	2.02	351.70	3919.03	2.39	0.11(M)	124.28 (M)	45.02 (M)
grilled panini - LR100385 (1 ea.)	40	413.74	26.34	10.84	0.09	45.31	594.33	24.86	2.74	1.83(M)	(M)	18.93	0.73	425.53	471.52	0.00	(M)	(M)	0.00(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	20	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	(M)	18.00	1.80	350.00	400.00	0.00	(M)	(M)	(M)
UD CHEESEBURGER - LR100127 (1 ea.)	10	331.56	15.28	7.01	0.01	45.48	695.14	27.62	3.67	3.87	(M)	19.48	2.94	134.24	108.69	0.00	(M)	(M)	0.00(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	10	705.66	11.92	2.29	0.00	18.33	630.10	105.61	33.68	0.92	(M)	43.76	12.78	896.88	46481.79	278.34	(M)	(M)	(M)
Category: Grains; May Choose: 1																			
Goldfish Crackers, Cheddar Colors, Campbells 04788 0.75 oz bag - SR109572 (1 Bag)	10	100.00	3.50	0.50	0.00	0.00	170.00	14.00	1.00	0.00	(M)	2.00	0.72	(M)	200.00	(M)	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
CEASAR SALAD - LR100151 (1/2 c.)	80	133.55	11.31	1.93	0.15(M)	1.18	232.33	6.73	2.29	1.13(M)	(M)	2.11	1.10	47.72	8261.26	3.79	(M)	(M)	89.41 (M)
Category: Fruits; May Choose: 1																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	50	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
UD DICED PEARS - LR100142 (1/2 c.)	50	45.24 (M)	0.10(M)	0.00(M)	0.00(M)	0.00(M)	1.56(M)	11.78 (M)	1.56(M)	(M)	(M)	0.30(M)	0.20(M)	7.02(M)	0.00(M)	1.95(M)	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	30	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	30	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	5	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	5	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Middle School March 12, 2020 - Day: 4																			
Category: Entrees; May Choose: 1																			
hot dog with cheese - LR100377 (1 ea.)	50	210.90	18.04	7.07	0.00	40.00	621.42	4.90	0.44	0.17	(M)	8.22	0.57	78.88	16.67	0.00	(M)	(M)	0.00(M)

Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:51:03 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	15	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	(M)	18.00	1.80	350.00	400.00	0.00	(M)	(M)	(M)
UD CHEESEBURGER - LR100127 (1 ea.)	10	331.56	15.28	7.01	0.01	45.48	695.14	27.62	3.67	3.87	(M)	19.48	2.94	134.24	108.69	0.00	(M)	(M)	0.00(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	15	705.66	11.92	2.29	0.00	18.33	630.10	105.61	33.68	0.92	(M)	43.76	12.78	896.88	46481.79	278.34	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	80	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	(M)	0.45	0.63	22.68	9773.49	1.84	(M)	(M)	64.03
Category: Fruits; May Choose: 1																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	80	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	30	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	30	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	5	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	5	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Elementary March 13,2020 :78241 - Day: 5		100																	
Category: Entrees; May Choose: 1																			
sausage patty chicken - LR100115 (2 patty)	70	200.00	12.00	3.00	0.00	80.00	500.00	2.00	0.00	0.00	(M)	22.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	10	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	(M)	18.00	1.80	350.00	400.00	0.00	(M)	(M)	(M)
UD CHEESEBURGER - LR100127 (1 ea.)	15	331.56	15.28	7.01	0.01	45.48	695.14	27.62	3.67	3.87	(M)	19.48	2.94	134.24	108.69	0.00	(M)	(M)	0.00(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	5	705.66	11.92	2.29	0.00	18.33	630.10	105.61	33.68	0.92	(M)	43.76	12.78	896.88	46481.79	278.34	(M)	(M)	(M)
Category: Grains; May Choose: 2																			

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
French Toast Sticks, Farm Rich Whole Grain, Frozen, Rich's, 37722, WGR - LR100345 (4 ea.)	70	260.00	10.00	2.00	0.00	0.00	300.00	38.00	3.00	9.00	(M)	6.00	1.82	34.00	22.00	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
829531-Potato HB, Tator Tots 1 cup - AR1433 (1 c.)	60	280.00	14.00	3.00	0.00	0.00	540.00	32.00	4.00	0.00	(M)	4.00	0.72	40.00	200.00	2.40	(M)	(M)	0.00
Category: Fruits; May Choose: 1																			
Juice Sorbet, Cherry/Blue Raspberry Swirl Frozen 4.4 fl oz, Luigi's, J&J Snack Foods, 48446, F - SR107097 (4 1/2 fl. oz.)	50	70.00	0.00	0.00	0.00	0.00	5.00	18.00	3.00	15.00	(M)	0.00	0.36	80.00	500.00	60.00	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68

Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:52:01 PM by Kathleen McCullough

Menu Cycle: Middle School March 16 to 20 ,2020
 Week: 1
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: 6-8
 Site Group: Middle School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[600.00 - 700.00]	604.43	
Total Fat (g)		17.16	25.56
Sat Fat (g)(1)	< 10.00 % of Calories	5.81	8.65
Trans Fat (g)(2)		0.20(M)	
Chol (mg)		53.23(M)	
Sodium Target 1 (mg) (13)	< 1,360.00	950.87	
Sodium Target 2 (mg) (13)	< 1,035.00	950.87	
Carb (g)		82.82	54.81
Total Fiber (g)		19.50(M)	
Sugars (g)		30.17(M)	19.97
Added Sugars (g)		0.00(M)	
Protein (g)		28.42	18.81
Iron (mg)		3.44(M)	
Calcium (mg)		507.26(M)	
VitA (IU)		4,253.62(M)	
VitC (mg)		27.13(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		3.58(M)	
Mois (g)		103.76(M)	
Ash (g)		0.84(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 2.500	3.000	
Veg	>= 3.750	[4.500 - 9.875]	
Veg-DG	>= 0.500	6.000	
Veg-RO	>= 0.750	1.375	
Veg-BP	>= 0.500	1.000	
Veg-S	>= 0.500	1.750	
Veg-O	>= 0.500	1.125	
Grains	[8.000 - 10.000]	[9.000 - 15.000](a)	
Non-WGR		0.000	
WGR	>= 50.000 % of	39.000	100.00
Meat/MA	[9.000 - 10.000]	10.000	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	1.000	33.33
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

Menu Cycle Week – Nutrient Analysis

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Middle School March 16, 2020 - Day: 1	100																		
Category: Entrees; May Choose: 1																			
Chicken Caesar Salad - LR100029 (1 ea.)	40	176.00	7.30	2.46	0.00	35.00	745.00	12.90	81.00	0.00	(M)	16.40	3.11	161.40	3515.00	1.50	(M)	(M)	36.59
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	10	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	(M)	18.00	1.80	350.00	400.00	0.00	(M)	(M)	(M)
UD CHEESEBURGER - LR100127 (1 ea.)	10	331.56	15.28	7.01	0.01	45.48	695.14	27.62	3.67	3.87	(M)	19.48	2.94	134.24	108.69	0.00	(M)	(M)	0.00(M)
UD CHICKEN PATTY SANDWICH - LR100126 (1 ea.)	40	374.45	11.91	2.31	0.01	50.00	623.86	40.01	3.60	4.32	(M)	28.13	2.85	51.45	5.00	0.00	(M)	(M)	(M)
Category: Grains; May Choose: 1																			
Goldfish Crackers, Cheddar Colors, Campbells 04788 0.75 oz bag - SR109572 (1 Bag)	40	100.00	3.50	0.50	0.00	0.00	170.00	14.00	1.00	0.00	(M)	2.00	0.72	(M)	200.00	(M)	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
Green Beans - LR100036 (1/2 c.)	20	0.79	0.01	0.00	0.00	0.00	0.25	0.18	0.08	(M)	(M)	0.04	0.03	1.38	15.67	0.12	(M)	(M)	(M)
Potato, 3/8" Straight Cut Extra Long French Fries, McCain, MCX40, Veg-S - SR100928 (4 ounces)	60	157.21	4.37	0.00	0.00	0.00	34.93	24.45	1.74	1.73	(M)	1.74	0.63	0.00	0.00	6.29	(M)	(M)	(M)
Category: Fruits; May Choose: 1																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	75	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Category: Condiments; May Choose: 1																			
chic filet sauce - LR100380 (1 Tbsp.)	40	17.20	1.43	0.22	0.02	1.31	25.45	1.02	0.01	(M)	(M)	0.04	0.02	0.39	0.94	0.15	(M)	(M)	(M)
Pickles, Cucumber Dill or Kosher Dill, Veg-O - SR105246 (1/8 c.)	40	2.33	0.06	0.02	0.00	0.00	156.74	0.47	0.19	0.21	(M)	0.10	0.05	11.04	24.22	0.45	0.00	22.67	18.28
Middle School March 17, 2020 - Day: 2																			
Category: Entrees; May Choose: 1																			
Chicken Caesar Salad - LR100029 (1 ea.)	25	176.00	7.30	2.46	0.00	35.00	745.00	12.90	81.00	0.00	(M)	16.40	3.11	161.40	3515.00	1.50	(M)	(M)	36.59
hard shell taco beef - LR100382 (1 ea.)	25	220.04	14.54	6.65	1.33	49.48 (M)	150.28	7.73	0.50(M)	0.05(M)	(M)	13.58	0.42(M)	109.22 (M)	225.97 (M)	0.40(M)	(M)	(M)	0.00(M)
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	25	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	(M)	18.00	1.80	350.00	400.00	0.00	(M)	(M)	(M)
UD CHEESEBURGER - LR100127 (1 ea.)	25	331.56	15.28	7.01	0.01	45.48	695.14	27.62	3.67	3.87	(M)	19.48	2.94	134.24	108.69	0.00	(M)	(M)	0.00(M)
Category: Grains; May Choose: 2																			
Goldfish Crackers, Cheddar Colors, Campbells 04788 0.75 oz bag - SR109572 (1 Bag)	25	100.00	3.50	0.50	0.00	0.00	170.00	14.00	1.00	0.00	(M)	2.00	0.72	(M)	200.00	(M)	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
black beans - LR100354 (1 c.)	80	93.58	0.67	0.14	0.00	0.78	72.38	16.12	5.63	(M)	(M)	5.77	1.56	73.31	3.91	0.78	(M)	(M)	55.08
Category: Fruits; May Choose: 1																			
Juice, 4.4 fl oz Luigi's 100% Frozen Sorbet Orange, J&J Snack Foods 48441, F - SR106461 (1/2 c.)	100	70.00	0.00	0.00	0.00	0.00	5.00	19.00	3.00	15.00	(M)	0.00	0.36	60.00	3000.00	60.00	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Category: Condiments; May Choose: 1																			
fresh salsa - LR100383 (1 oz.)	25	22.40	1.69	0.13	0.00(M)	0.00	1.55	1.46	0.36	0.49(M)	(M)	0.26	0.08	4.15	195.35	3.14	(M)	(M)	23.19 (M)
Middle School March 18, 2020 - Day: 3																			
Category: Entrees; May Choose: 1																			
Chicken Caesar Salad - LR100029 (1 ea.)	5	176.00	7.30	2.46	0.00	35.00	745.00	12.90	81.00	0.00	(M)	16.40	3.11	161.40	3515.00	1.50	(M)	(M)	36.59
Pasta, Macaroni and Cheese, Prepared, Land O' Lakes, 43292, MMA, WGR - SR108684 (6 ounces)	65	349.79	20.99	12.99	1.00	64.96	909.47	22.99	2.00	3.00	(M)	16.99	1.08	399.76	749.56	0.00	(M)	(M)	(M)
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	10	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	(M)	18.00	1.80	350.00	400.00	0.00	(M)	(M)	(M)
UD CHEESEBURGER - LR100127 (1 ea.)	10	331.56	15.28	7.01	0.01	45.48	695.14	27.62	3.67	3.87	(M)	19.48	2.94	134.24	108.69	0.00	(M)	(M)	0.00(M)
UD Chicken Salad Wrap - LR100254 (1 sandwich)	10	321.59	12.19	2.92	0.00	68.19	434.26	29.71	4.66	2.46(M)	(M)	23.90	2.65	165.97	160.87	1.19	0.00(M)	88.21 (M)	34.82 (M)
Category: Vegetables; May Choose: 1																			
825635-Lettuce, Salad Mix Romaine - AR1747 (1 c.)	90	10.67	0.00	0.00	0.00	0.00	6.67	2.00	0.67	0.00	(M)	0.67	0.24	19.33	999.99	6.00	(M)	(M)	(M)
Category: Fruits; May Choose: 1																			
ud diced peaches - LR100141 (1/2 c.)	90	43.48	0.03	0.00	0.00	0.00	3.90	11.35	1.27	10.07	(M)	0.61	0.26	5.86	368.99	3.50	(M)	(M)	85.87
Category: Milk; May Choose: 1																			
Strawberry nonfat milk - LR100016 (8 serving 8)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	40	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Vanilla Milk, Non-Fat - SR109285 (1 Carton)	10	110.00	0.00	0.00	0.00	0.00	95.00	20.00	0.00	20.00	(M)	8.00	0.00	200.00	750.00	(M)	(M)	(M)	(M)
Category: Condiments; May Choose: 1																			
Ranch Dressing , Kraft, 04050027519200 - SR109725 (1 packet)	90	45.00	5.00	0.50	0.00	5.00	110.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
ranch dressing pc - LR100062 (12 grams)	12	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	90	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)	(M)
Middle School March 19, 2020 - Day: 4	100																		
Category: Entrees; May Choose: 1																			
Chicken Caesar Salad - LR100029 (1 ea.)	5	176.00	7.30	2.46	0.00	35.00	745.00	12.90	81.00	0.00	(M)	16.40	3.11	161.40	3515.00	1.50	(M)	(M)	36.59
Sweet and Sour Chicken Nuggets with Egg Roll - LR100401 (1 ea.)	85	378.36	14.09	2.90	0.00	44.39	700.21	42.66	5.27	10.20 (M)	(M)	20.49	2.28(M)	25.37 (M)	126.83 (M)	0.00(M)	(M)	(M)	(M)
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	5	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	(M)	18.00	1.80	350.00	400.00	0.00	(M)	(M)	(M)
UD CHEESEBURGER - LR100127 (1 ea.)	5	331.56	15.28	7.01	0.01	45.48	695.14	27.62	3.67	3.87	(M)	19.48	2.94	134.24	108.69	0.00	(M)	(M)	0.00(M)
Category: Grains; May Choose: 2																			
Goldfish Crackers, Cheddar Colors, Campbells 04788 0.75 oz bag - SR109572 (1 Bag)	40	100.00	3.50	0.50	0.00	0.00	170.00	14.00	1.00	0.00	(M)	2.00	0.72	(M)	200.00	(M)	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	100	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	(M)	0.45	0.63	22.68	9773.49	1.84	(M)	(M)	64.03
Category: Fruits; May Choose: 1																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Middle School March 20, 2020 - Day: 5	100																		

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Category: Entrees; May Choose: 1																			
Chicken Caesar Salad - LR100029 (1 ea.)	5	176.00	7.30	2.46	0.00	35.00	745.00	12.90	81.00	0.00	(M)	16.40	3.11	161.40	3515.00	1.50	(M)	(M)	36.59
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	5	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	(M)	18.00	1.80	350.00	400.00	0.00	(M)	(M)	(M)
UD Breakfast, Chicken Sausage, Tyson Foods, Inc., 17443-928, MMA - LR100208 (1 piece)	85	90.00	5.00	1.50	0.00	35.00	240.00	1.00	0.00	0.00	(M)	10.00	0.72	0.00	0.00	0.00	(M)	(M)	(M)
UD CHEESEBURGER - LR100127 (1 ea.)	5	331.56	15.28	7.01	0.01	45.48	695.14	27.62	3.67	3.87	(M)	19.48	2.94	134.24	108.69	0.00	(M)	(M)	0.00(M)
Category: Grains; May Choose: 2																			
Pancakes, Minis Maple, Eggo, Kellogg's, 3800092562, WGR - SR106101 (1 pouch)	85	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
Tater Tots - LR100049 (1/2 Cup (8 oz))	85	95.00	3.50	0.97	0.00	0.00	183.60	10.88	1.36	0.00	(M)	1.36	0.24	13.60	68.00	0.82	(M)	(M)	0.00
Category: Fruits; May Choose: 1																			
Sorbet, 100% Frozen Juice, Cherry/Blue Raspberry Swirl, 4.4 fl. oz., Luigi's, 48446, F - SR108054 (1 serv.)	85	70.00	0.00	0.00	0.00	0.00	5.00	18.00	3.00	15.00	(M)	0.00	0.36	80.00	500.00	60.00	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Category: Condiments; May Choose: 1																			
Syrup, Pancake, 1.5 oz Cup, Poco Pac - SR105936 (1 ea.)	85	110.00	0.00	0.00	0.00	0.00	10.00	27.00	0.00	18.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:52:34 PM by Kathleen McCullough

Menu Cycle: Middle School March 23 to 31, 2020
 Week: 1
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: 6-8
 Site Group: Middle School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[600.00 - 700.00]	693.32	
Total Fat (g)		16.90	21.93
Sat Fat (g)(1)	< 10.00 % of Calories	5.90	7.66
Trans Fat (g)(2)		0.19(M)	
Chol (mg)		44.15(M)	
Sodium Target 1 (mg) (13)	< 1,360.00	995.06	
Sodium Target 2 (mg) (13)	< 1,035.00	995.06	
Carb (g)		100.70	58.10
Total Fiber (g)		17.98(M)	
Sugars (g)		24.42(M)	14.09
Added Sugars (g)		0.00(M)	
Protein (g)		34.56	19.94
Iron (mg)		8.06(M)	
Calcium (mg)		695.11(M)	
VitA (IU)		49,611.93(M)	
VitC (mg)		80.89(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		1.78(M)	
Mois (g)		569.54(M)	
Ash (g)		3.71(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 3.500	3.500	
Veg	>= 5.250	[6.500 - 12.750]	
Veg-DG	>= 0.500	3.500	
Veg-RO	>= 0.750	2.500	
Veg-BP	>= 0.500	2.000	
Veg-S	>= 0.500	2.750	
Veg-O	>= 0.500	4.500	
Grains	[11.000 - 14.000]	[16.000 - 19.250](a)	
Non-WGR		0.000	
WGR	>= 50.000 % of	63.250	100.00
Meat/MA	[12.500 - 14.000]	[14.000 - 14.750](a)	
MILK-F	>= 7.000	7.000	
Fruit-J	<= 50.000 % of	1.500	42.86
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:52:34 PM by Kathleen McCullough

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Middle School March 23, 2020 - Day: 1	100																		
Category: Entrees; May Choose: 1																			
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	25	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	(M)	18.00	1.80	350.00	400.00	0.00	(M)	(M)	(M)
UD Beef Nacho Salad - LR100324 (1 ea.)	25	795.17	19.21	7.74	1.33	49.48 (M)	731.59	111.29	54.25 (M)	0.55	(M)	46.27	24.20 (M)	956.47 (M)	216568.38(M)	277.98 (M)	(M)	(M)	2350.33 (M)
UD CHEESEBURGER - LR100127 (1 ea.)	25	331.56	15.28	7.01	0.01	45.48	695.14	27.62	3.67	3.87	(M)	19.48	2.94	134.24	108.69	0.00	(M)	(M)	0.00(M)
UD MIDDLE CHICKEN CHEESE STEAK - LR100144 (1 sandwich)	25	239.33	6.86	2.55	0.00	30.28	568.16	28.08	3.92	2.96(M)	(M)	16.43	1.83	165.25	75.38	0.73	(M)	(M)	0.00(M)
Category: Vegetables; May Choose: 1																			
Cheese Fries - LR100390 (4 1/2 oz.)	100	240.44	9.97	1.87	0.00	4.57	677.23	35.83	3.35	0.00	(M)	2.82	0.60	47.78	0.00(M)	6.03(M)	(M)	(M)	10.06 (M)
Green Beans - LR100036 (1/2 c.)	40	0.79	0.01	0.00	0.00	0.00	0.25	0.18	0.08	(M)	(M)	0.04	0.03	1.38	15.67	0.12	(M)	(M)	(M)
Category: Fruits; May Choose: 1																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	30	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	30	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	5	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	5	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Middle School March 24, 2020 - Day: 2	100																		
Category: Entrees; May Choose: 1																			

Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:52:34 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	10	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	(M)	18.00	1.80	350.00	400.00	0.00	(M)	(M)	(M)
UD Beef Nacho Salad - LR100324 (1 ea.)	25	795.17	19.21	7.74	1.33	49.48 (M)	731.59	111.29	54.25 (M)	0.55	(M)	46.27	24.20 (M)	956.47 (M)	216568.38(M)	277.98 (M)	(M)	(M)	2350.33 (M)
UD CHEESEBURGER - LR100127 (1 ea.)	10	331.56	15.28	7.01	0.01	45.48	695.14	27.62	3.67	3.87	(M)	19.48	2.94	134.24	108.69	0.00	(M)	(M)	0.00(M)
UD HIGH SCHOOL CHICKEN Nacho - LR100153 (1 ea.)	55	262.75	9.61	4.17	0.00	69.00	262.00	22.50	2.00	0.00	(M)	23.05	1.09	120.00	150.00	0.00	(M)	(M)	0.00(M)
Category: Vegetables; May Choose: 1																			
black beans - LR100354 (1 c.)	60	93.58	0.67	0.14	0.00	0.78	72.38	16.12	5.63	(M)	(M)	5.77	1.56	73.31	3.91	0.78	(M)	(M)	55.08
Category: Fruits; May Choose: 1																			
Juice, 4.4 fl oz Luigi's 100% Frozen Sorbet Orange, J&J Snack Foods 48441, F - SR106461 (1/2 c.)	100	70.00	0.00	0.00	0.00	0.00	5.00	19.00	3.00	15.00	(M)	0.00	0.36	60.00	3000.00	60.00	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Middle School March 25, 2020 - Day: 3																			
Category: Entrees; May Choose: 1																			
Fully Cooked Breaded Chicken Tenders: 46015 -WG - SR109421 (3 piece)	60	170.00	6.00	0.00	0.00	0.00	380.00	14.00	1.00	1.00	(M)	14.00	1.80	60.00	100.00	0.00	(M)	(M)	(M)
turkey and cheese wrap - LR100088 (1 ea.)	10	385.39	14.32	6.92	0.00	52.35	1252.14	42.37	5.96	4.92	(M)	24.02	2.30(M)	361.45 (M)	2548.28 (M)	19.68 (M)	(M)	(M)	(M)
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	10	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	(M)	18.00	1.80	350.00	400.00	0.00	(M)	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
UD Beef Nacho Salad - LR100324 (1 ea.)	10	795.17	19.21	7.74	1.33	49.48 (M)	731.59	111.29	54.25 (M)	0.55	(M)	46.27	24.20 (M)	956.47 (M)	216568.38(M)	277.98 (M)	(M)	(M)	2350.33 (M)
UD CHEESEBURGER - LR100127 (1 ea.)	10	331.56	15.28	7.01	0.01	45.48	695.14	27.62	3.67	3.87	(M)	19.48	2.94	134.24	108.69	0.00	(M)	(M)	0.00(M)
Category: Grains; May Choose: 2																			
UV Crackers, Goldfish Whole Grain Cheddar Flavor Blasted Hot 'N Spicy .75 oz, Pepperidge Farm, Campbell's Foodservice, 17330, WGR - SR107416 (1 pkg.)	50	100.00	4.00	0.50	0.00	0.00	170.00	14.00	1.00	0.00	(M)	2.00	0.72	20.00	0.00	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
caesar salad side - LR100355 (4 oz.)	50	435.46	0.00	1.09	0.00	0.00	217.73	81.65	52.26	0.00	(M)	30.48	23.84	816.48	216367.20	97.98	(M)	(M)	2350.37
Category: Fruits; May Choose: 1																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	50	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
Fruit, Applesauce, Strawberry, Unsweetened, 4.5 ounce, Zee Zees, National Food Group, A1490, F - SR109062 (1 Container)	75	50.00	0.00	0.00	0.00	0.00	0.00	14.00	1.00	11.00	(M)	0.00	0.00	0.00	0.00	60.00	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Middle School March 26, 2020 - Day: 4																			
Category: Entrees; May Choose: 1																			
Chicken Caesar Wrap, MMA, WG, Veg-DG - SR108405 (1 wrap)	10	432.27	21.04	7.08	0.00(M)	48.89	1471.24	35.12	6.26	4.24(M)	(M)	23.28	2.02	351.70	3919.03	2.39	0.11(M)	124.28 (M)	45.02 (M)

Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:52:34 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	10	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	(M)	18.00	1.80	350.00	400.00	0.00	(M)	(M)	(M)
UD Beef Nacho Salad - LR100324 (1 ea.)	15	795.17	19.21	7.74	1.33	49.48 (M)	731.59	111.29	54.25 (M)	0.55	(M)	46.27	24.20 (M)	956.47 (M)	216568.38(M)	277.98 (M)	(M)	(M)	2350.33 (M)
UD CHEESEBURGER - LR100127 (1 ea.)	5	331.56	15.28	7.01	0.01	45.48	695.14	27.62	3.67	3.87	(M)	19.48	2.94	134.24	108.69	0.00	(M)	(M)	0.00(M)
UD ORI ChixPop GenTso Broc WG 2.0 - LR100264 (1 8oz spoodl)	60	367.98	15.09	2.89	0.00	23.08	1094.81	39.93	4.91	1.78(M)	(M)	18.14	2.43	64.98	668.36	17.32	(M)	(M)	38.63 (M)
Category: Grains; May Choose: 1																			
Rice, Brown, Natural , Uncle Ben's, 1 oz, Mars Food, U12111, WGR - SR109858 (1 c.)	60	170.00	1.50	0.00	0.00	0.00	0.00	36.00	2.00	0.00	(M)	4.00	0.36	0.00	0.00	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	100	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	(M)	0.45	0.63	22.68	9773.49	1.84	(M)	(M)	64.03
Category: Fruits; May Choose: 1																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Middle School March 27,2020 - Day: 5																			
Category: Entrees; May Choose: 1																			
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	25	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	(M)	18.00	1.80	350.00	400.00	0.00	(M)	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
UD Beef Nacho Salad - LR100324 (1 ea.)	25	795.17	19.21	7.74	1.33	49.48 (M)	731.59	111.29	54.25 (M)	0.55	(M)	46.27	24.20 (M)	956.47 (M)	216568.38(M)	277.98 (M)	(M)	(M)	2350.33 (M)
UD CHEESEBURGER - LR100127 (1 ea.)	25	331.56	15.28	7.01	0.01	45.48	695.14	27.62	3.67	3.87	(M)	19.48	2.94	134.24	108.69	0.00	(M)	(M)	0.00(M)
UD Chicken and Waffles - LR100316 (1 ea.)	25	490.00	13.00	2.00	0.00	45.00	770.00	69.00	3.00	25.00	(M)	20.00	5.40	140.00	700.00	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
Tater Tots - LR100049 (1/2 Cup (8 oz))	75	95.00	3.50	0.97	0.00	0.00	183.60	10.88	1.36	0.00	(M)	1.36	0.24	13.60	68.00	0.82	(M)	(M)	0.00
Category: Fruits; May Choose: 1																			
Juice, 4.4 fl oz Luigi's 100% Frozen Sorbet Orange, J&J Snack Foods 48441, F - SR106461 (1/2 c.)	75	70.00	0.00	0.00	0.00	0.00	5.00	19.00	3.00	15.00	(M)	0.00	0.36	60.00	3000.00	60.00	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Category: Condiments; May Choose: 1																			
Syrup, Pancake 1 oz, Gordon Food Service, 160090 - SR102503 (1 ea.)	40	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Middle School March 30,2020 - Day: 6																			
Category: Entrees; May Choose: 1																			
Elementary Upper Darby double - LR100384 (1 ea.)	55	401.64	17.47	6.39	0.01(M)	50.79	990.92	34.99	3.94	3.32(M)	(M)	24.78	3.29	201.59	45.00	0.00	(M)	(M)	0.00(M)
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	15	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	(M)	18.00	1.80	350.00	400.00	0.00	(M)	(M)	(M)
UD Elem Cheesesteak - LR100349 (1 ea.)	15	265.46	10.48	4.15	0.00	36.98	717.26	28.39	2.00	5.39	(M)	15.80	2.05	121.53	108.69	0.00	(M)	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:52:34 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
UD Hummus and vegetable Platter - LR100270 (1 ea.)	15	350.65	12.20	2.52	0.00	15.00	719.04	52.44	7.61	3.19	(M)	15.55	4.75	214.75	5503.61	4.34	(M)	(M)	62.75 (M)
Category: Vegetables; May Choose: 1																			
Green Beans - LR100036 (1/2 c.)	40	0.79	0.01	0.00	0.00	0.00	0.25	0.18	0.08	(M)	(M)	0.04	0.03	1.38	15.67	0.12	(M)	(M)	(M)
Potato, 3/8" Straight Cut Extra Long French Fries, McCain, MCX40, Veg-S - SR100928 (4 ounces)	30	157.21	4.37	0.00	0.00	0.00	34.93	24.45	1.74	1.73	(M)	1.74	0.63	0.00	0.00	6.29	(M)	(M)	(M)
Category: Fruits; May Choose: 1																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	50	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Category: Condiments; May Choose: 1																			
chic filet sauce - LR100380 (1 Tbsp.)	40	17.20	1.43	0.22	0.02	1.31	25.45	1.02	0.01	(M)	(M)	0.04	0.02	0.39	0.94	0.15	(M)	(M)	(M)
Middle School March 31, 2020 - Day: 7	100																		
Category: Entrees; May Choose: 1																			
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	50	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	(M)	18.00	1.80	350.00	400.00	0.00	(M)	(M)	(M)
UD CHEESEBURGER - LR100127 (1 ea.)	20	331.56	15.28	7.01	0.01	45.48	695.14	27.62	3.67	3.87	(M)	19.48	2.94	134.24	108.69	0.00	(M)	(M)	0.00(M)
UD Hummus and vegetable Platter - LR100270 (1 ea.)	20	350.65	12.20	2.52	0.00	15.00	719.04	52.44	7.61	3.19	(M)	15.55	4.75	214.75	5503.61	4.34	(M)	(M)	62.75 (M)
UD SOFT BEEF TACO - LR100143 (1 1/2 oz.)	10	180.00	9.26	4.25	0.00	22.00	315.00	15.31	2.55	0.00	(M)	9.90	1.66	187.82	188.00	0.10	(M)	(M)	(M)
Category: Grains; May Choose: 1																			

Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:52:34 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Goldfish Crackers, Cheddar Colors, Campbells 04788 0.75 oz bag - SR109572 (1 Bag)	10	100.00	3.50	0.50	0.00	0.00	170.00	14.00	1.00	0.00	(M)	2.00	0.72	(M)	200.00	(M)	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
black beans - LR100354 (1 c.)	30	93.58	0.67	0.14	0.00	0.78	72.38	16.12	5.63	(M)	(M)	5.77	1.56	73.31	3.91	0.78	(M)	(M)	55.08
Category: Fruits; May Choose: 1																			
Sorbet, 100% Frozen Juice, Cherry/Blue Raspberry Swirl, 4.4 fl. oz., Luigi's, 48446, F - SR108054 (1 serv.)	60	70.00	0.00	0.00	0.00	0.00	5.00	18.00	3.00	15.00	(M)	0.00	0.36	80.00	500.00	60.00	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68

Menu Cycle Week – Nutrient Analysis

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
March 2, 2020 Middle school - Day: 1	100																		
Category: Entrees; May Choose: 1																			
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	15	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	(M)	18.00	1.80	350.00	400.00	0.00	(M)	(M)	(M)
UD Beef Nacho Salad - LR100324 (1 ea.)	20	795.17	19.21	7.74	1.33	49.48 (M)	731.59	111.29	54.25 (M)	0.55	(M)	46.27	24.20 (M)	956.47 (M)	216568.38(M)	277.98 (M)	(M)	(M)	2350.33 (M)
UD CHEESEBURGER - LR100127 (1 ea.)	5	331.56	15.28	7.01	0.01	45.48	695.14	27.62	3.67	3.87	(M)	19.48	2.94	134.24	108.69	0.00	(M)	(M)	0.00(M)
UD CHICKEN PATTY SANDWICH - LR100126 (1 ea.)	50	374.45	11.91	2.31	0.01	50.00	623.86	40.01	3.60	4.32	(M)	28.13	2.85	51.45	5.00	0.00	(M)	(M)	(M)
UD MIDDLE CHICKEN CHEESE STEAK - LR100144 (1 sandwich)	10	239.33	6.86	2.55	0.00	30.28	568.16	28.08	3.92	2.96(M)	(M)	16.43	1.83	165.25	75.38	0.73	(M)	(M)	0.00(M)
Category: Vegetables; May Choose: 1																			
Green Beans - LR100036 (1/2 c.)	20	0.79	0.01	0.00	0.00	0.00	0.25	0.18	0.08	(M)	(M)	0.04	0.03	1.38	15.67	0.12	(M)	(M)	(M)
Vegetables, Fresh Cut Fries, S - SR106979 (4 oz.)	50	136.84	3.89	0.31	0.00(M)	0.00(M)	619.92	23.87	3.66(M)	1.74(M)	(M)	2.56	0.80(M)	14.38 (M)	20.39 (M)	13.76 (M)	0.00(M)	615.37 (M)	123.37 (M)
Category: Fruits; May Choose: 1																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	80	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Category: Desserts; May Choose: 1																			
Mini Ice Cream Sandwich - LR100314 (1 sandwich)	20	120.00	2.50	1.00	0.00	5.00	70.00	12.00	0.00	10.00	(M)	2.00	0.72	80.00	300.00	0.00	(M)	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)	
March 3, 2020 Middle School - Day: 2	100																			
Category: Entrees; May Choose: 1																				
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	25	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	(M)	18.00	1.80	350.00	400.00	0.00	(M)	(M)	(M)	
UD Beef Nacho Salad - LR100324 (1 ea.)	25	795.17	19.21	7.74	1.33	49.48 (M)	731.59	111.29	54.25 (M)	0.55	(M)	46.27	24.20 (M)	956.47 (M)	21656.38(M)	277.98 (M)	(M)	(M)	2350.33 (M)	
UD CHEESEBURGER - LR100127 (1 ea.)	25	331.56	15.28	7.01	0.01	45.48	695.14	27.62	3.67	3.87	(M)	19.48	2.94	134.24	108.69	0.00	(M)	(M)	0.00(M)	
UD SOFT BEEF TACO - LR100143 (1 1/2 oz.)	25	180.00	9.26	4.25	0.00	22.00	315.00	15.31	2.55	0.00	(M)	9.90	1.66	187.82	188.00	0.10	(M)	(M)	(M)	
Category: Vegetables; May Choose: 1																				
black beans - LR100354 (1 c.)	50	93.58	0.67	0.14	0.00	0.78	72.38	16.12	5.63	(M)	(M)	5.77	1.56	73.31	3.91	0.78	(M)	(M)	55.08	
Category: Fruits; May Choose: 1																				
Juice, 4.4 fl oz Luigi's 100% Frozen Sorbet Orange, J&J Snack Foods 48441, F - SR106461 (1/2 c.)	75	70.00	0.00	0.00	0.00	0.00	5.00	19.00	3.00	15.00	(M)	0.00	0.36	60.00	3000.00	60.00	(M)	(M)	(M)	
Category: Milk; May Choose: 1																				
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)	
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)	
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30	
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68	
Category: Condiments; May Choose: 1																				
fresh salsa - LR100383 (1 oz.)	25	22.40	1.69	0.13	0.00(M)	0.00	1.55	1.46	0.36	0.49(M)	(M)	0.26	0.08	4.15	195.35	3.14	(M)	(M)	23.19 (M)	
March 4, 2020 Middle School - Day: 3	100																			
Category: Entrees; May Choose: 1																				
Chicken Tenders, Breaded Krisp/Crunchy WG - AR1774 (3 piece)	50	210.00	11.00	2.00	0.00	55.00	730.00	13.00	1.00	1.00	(M)	30.00	1.80	20.00	100.00	0.00	(M)	(M)	(M)	
turkey and cheese wrap - LR100088 (1 ea.)	15	385.39	14.32	6.92	0.00	52.35	1252.14	42.37	5.96	4.92	(M)	24.02	2.30(M)	361.45 (M)	2548.28 (M)	19.68 (M)	(M)	(M)	(M)	

Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:50:21 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calciu m (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassi um (mg)	Mois (g)
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	15	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	(M)	18.00	1.80	350.00	400.00	0.00	(M)	(M)	(M)
UD Beef Nacho Salad - LR100324 (1 ea.)	10	795.17	19.21	7.74	1.33	49.48 (M)	731.59	111.29	54.25 (M)	0.55	(M)	46.27	24.20 (M)	956.47 (M)	216568.38(M)	277.98 (M)	(M)	(M)	2350.33 (M)
UD CHEESEBURGER - LR100127 (1 ea.)	10	331.56	15.28	7.01	0.01	45.48	695.14	27.62	3.67	3.87	(M)	19.48	2.94	134.24	108.69	0.00	(M)	(M)	0.00(M)
Category: Vegetables; May Choose: 1																			
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	50	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	(M)	0.45	0.63	22.68	9773.49	1.84	(M)	(M)	64.03
Fresh Broccoli - LR100011 (1/2 c.)	50	11.00	0.00	0.01	0.00	0.00	11.00	2.12	0.83	0.00	(M)	0.90	0.23	15.00	198.50	28.40	(M)	(M)	0.00
Category: Fruits; May Choose: 1																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	50	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
UD DICED PEARS - LR100142 (1/2 c.)	50	45.24 (M)	0.10(M)	0.00(M)	0.00(M)	0.00(M)	1.56(M)	11.78 (M)	1.56(M)	(M)	(M)	0.30(M)	0.20(M)	7.02(M)	0.00(M)	1.95(M)	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
March 5, 2020 Middle School - Day: 4																			
Category: Entrees; May Choose: 1																			
Mediterranean chicken on flatbread - LR100398 (1 ea.)	25	432.13	16.88	7.58	0.00	53.16	793.38	45.01	2.00	3.01	(M)	25.72	3.43	201.50	0.00	0.00	(M)	(M)	(M)
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	25	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	(M)	18.00	1.80	350.00	400.00	0.00	(M)	(M)	(M)
UD Beef Nacho Salad - LR100324 (1 ea.)	25	795.17	19.21	7.74	1.33	49.48 (M)	731.59	111.29	54.25 (M)	0.55	(M)	46.27	24.20 (M)	956.47 (M)	216568.38(M)	277.98 (M)	(M)	(M)	2350.33 (M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
UD CHEESEBURGER - LR100127 (1 ea.)	25	331.56	15.28	7.01	0.01	45.48	695.14	27.62	3.67	3.87	(M)	19.48	2.94	134.24	108.69	0.00	(M)	(M)	0.00(M)
Category: Vegetables; May Choose: 1																			
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	80	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	(M)	0.45	0.63	22.68	9773.49	1.84	(M)	(M)	64.03
Category: Fruits; May Choose: 1																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	80	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
Category: Milk; May Choose: 1																			
Strawberry nonfat milk - LR100016 (8 serving 8)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	40	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Vanilla Milk, Non-Fat - SR109285 (1 Carton)	10	110.00	0.00	0.00	0.00	0.00	95.00	20.00	0.00	20.00	(M)	8.00	0.00	200.00	750.00	(M)	(M)	(M)	(M)
March 6, 2020 Middle School - Day: 5																			
Category: Entrees; May Choose: 1																			
UD 16" Hand Tossed Pizza 51% Whole Grain Cheese, Big Daddy's, Schwan's Foodservice, 78398, WGR, MMA, Veg-RO - LR100214 (5 ounces)	15	340.00	14.00	7.00	0.00	35.00	570.00	36.00	4.00	6.00	(M)	18.00	1.80	350.00	400.00	0.00	(M)	(M)	(M)
UD Beef Nacho Salad - LR100324 (1 ea.)	30	795.17	19.21	7.74	1.33	49.48 (M)	731.59	111.29	54.25 (M)	0.55	(M)	46.27	24.20 (M)	956.47 (M)	216568.38(M)	277.98 (M)	(M)	(M)	2350.33 (M)
UD Breakfast, Chicken Sausage, Tyson Foods, Inc., 17443-928, MMA - LR100208 (1 piece)	80	90.00	5.00	1.50	0.00	35.00	240.00	1.00	0.00	0.00	(M)	10.00	0.72	0.00	0.00	0.00	(M)	(M)	(M)
UD CHEESEBURGER - LR100127 (1 ea.)	5	331.56	15.28	7.01	0.01	45.48	695.14	27.62	3.67	3.87	(M)	19.48	2.94	134.24	108.69	0.00	(M)	(M)	0.00(M)
Category: Grains; May Choose: 2																			
UD Pancakes, Maple Burst'n Mini K-12 Hot Breakfast, Pillsbury, General Mills, 32259, WGR - LR100201 (1 package 1)	80	330.00	6.00	1.00	0.00	0.00	150.00	41.00	3.00	14.00	(M)	4.00	0.72	40.00	0.00	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			

Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:50:21 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
Tater Tots - LR100049 (1/2 Cup (8 oz))	80	95.00	3.50	0.97	0.00	0.00	183.60	10.88	1.36	0.00	(M)	1.36	0.24	13.60	68.00	0.82	(M)	(M)	0.00
Category: Fruits; May Choose: 1																			
Sorbet, 100% Frozen Juice, Cherry/Blue Raspberry Swirl, 4.4 fl. oz., Luigi's, 48446, F - SR108054 (1 serv.)	80	70.00	0.00	0.00	0.00	0.00	5.00	18.00	3.00	15.00	(M)	0.00	0.36	80.00	500.00	60.00	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68